

5-6 YEAR OLDS

7 Team fouls per half= 1&1	8 foot goals
10 Team fouls per half = 2	27 Junior Ball
5 fouls player is out	2 time outs per half
(2) Free throws for each player at half time - No one shoots more than (3)	
Coaches help rebound	
Free Throws at half circle below free throw line	
Continuous Clock, clock stops for time outs nothing else	
No Fast Break	
No Press outside of 3 point arc	
6:00 minute quarters	

7-8 YEAR OLDS

7 Team fouls per half= 1&1	9 foot goals
10 Team fouls per half = 2	27.5 Ball
5 fouls player is out	2 time outs per half
(2) Free throws for each player at half time - No one shoots more than (3)	
Coaches help rebound	
Free Throws at half circle below free throw line	
No Fast Break	
No Press outside of 3 point arc	
7:00 minute quarters	
Traveling (called when a clear offensive advantage)	

9-10 YEAR OLDS

7 Team fouls per half= 1&1	9 foot goals
10 Team fouls per half = 2	28,5 Ball
5 fouls player is out	2 time outs per half
Free Throws with heels on Free Throw line	
If up by 10 points no Fast Break	
5 Second Rule in Paint (Enforced when provides clear advantage)	
No Press	
Defend at half court	
7:00 minute quarters	

11-12 YEAR OLDS

7 Team fouls per half= 1&1	10 foot goals
10 Team fouls per half = 2	28,5 Ball
5 fouls player is out	2 time outs per half
Press last two minutes of 2nd and 4th Quarters	
Can't Press if up by 10 points	
No Fast Break	
Defend at half court	
3 second rule in paint	
Back court applies	
7:00 minute quarters	

13 + RULES

7 Team fouls per half= 1&1

10 Team fouls per half = 2

5 fouls player is out

Press last two minutes of 2nd and 4th Quarters

Can't Press or Fast Break if up by 10 points

Defend at half court

3 second rule in paint

Back court applies

7:00 minute quarters

10 foot goals

29.5 Ball

2 time outs per half